

The Wandering Heart



Story by Melody J.Y. Kang, Queen's University

Photo credit Andreas Wohlfahrt

The disease, Wander, also known as the Wandering Heart, affects approximately 7.5 billion people worldwide. The gold standard therapy for this disease is either the end of a relationship, cheating, or allowing enough time for the disease to pass, but these therapies are not effective enough, can be very invasive, or take too long to provide relief. For these reasons, patients suffering from Wandering Heart are in desperate need for an innovative treatment.

Psychiatrists, best friends, or mentors usually like to prescribe certain advice for the patients to follow, yet patients are usually non-compliant – making it the biggest source of inner turmoil. This disease has been prevalent since the beginning of time, yet a factor called social media has exacerbated symptoms in recent years. Social media allows for easy access to a short-term treatment called “sliding into DMs”. Many turn to this method for immediate relief; however, this approach is extremely temporary and long-term effects are dire, usually resulting in decreased quality of life. There is also one extremely difficult treatment option for patients with disease, called “polyamory”.

Polyamory is curative of this disorder and may have a positive outcome. However, some have reported the side effects of this remedy as unbearable, so most patients do not voluntarily make this choice. Little is known about the primary cause of the Wandering Heart. Many have found that it is caused by other external factors, such as a new environment, new friends, new job, old flings, mid-life crises, drunken mistake, etc. Others have speculated that this disease is completely unavoidable to many. This highlights the importance of further researching this disorder and developing effective treatment options for those that want to build healthy, loving, long-term, passionate relationships.

